



# Welburn Hall Weekly

Friday 15<sup>th</sup> February 2019

Welburn Hall School

**Key Stage 4 have been to a Panathalon in Scarborough. They took part in a range of activities such as boccia, polybat, running races, curling and many more! It was a brilliant day and all students were fantastic role models for Welburn! We came 2nd! Well done team!!**

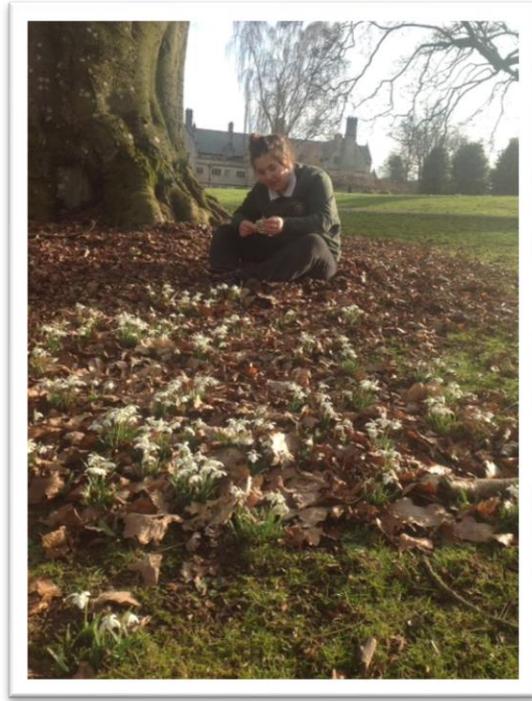
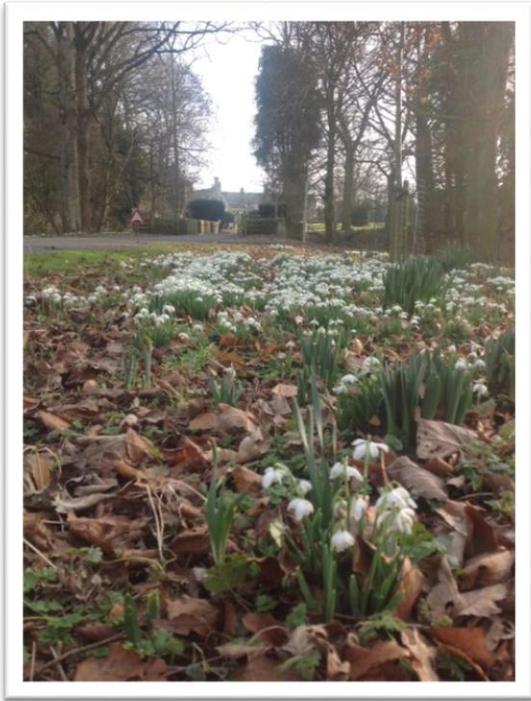


*This excellent piece of Artwork was done by Theo*



For Parents of Main School Students Only

Attached to today's newsletter is a parental consent slip (and related information) about some research that will be carried out in school after half term. Studies like this help us to improve what we do and we would be very grateful if you would complete the slip and return it to school.  
Many thanks, Julie Simmons



Snowdrops down the drive by Charlotte

Week 1	Option 1	Option 2	Pudding
Monday	Chicken Balti with Rice, Green Beans & Sweetcorn	Stuffed Courgettes with Potato Wedges, Green Beans & Sweetcorn	Summer Fruit Crumble & Custard
Tuesday	Steak and Mushroom Pie with New Potatoes, Carrots & Broccoli	Bean and Sweet Potato Bake with Carrots & Broccoli	Peach Melba Squares
Wednesday	Roast Gammon & Pineapple with New Potatoes, Medley of Summer Vegetable & Summer Cabbage	Summer Vegetable and Mint Risotto with Medley of Summer Vegetable & Summer Cabbage	Pear Conde
Thursday	Sweet Potato topped Shepherd's Pie, Cauliflower & Green Beans	Macaroni Cheese with Garlic Bread, Cauliflower & Green Beans	Sticky Toffee Pudding & Custard
Friday	Battered Fish with Chips, Mushy Peas & Sweetcorn	Aubergine Tomato & Spinach Curry, Rice & Sweetcorn	Lemon Layer